

Brigstowe Village Band

Dances

There will be a 4 bar introduction before the start of each dance.

As a general rule the first tune in each set will be played 3 times and the second will be played until the caller signals to stop.

Dance: Buttered Peas

Music: Portsmouth / Helston Furry Dance

Even number of couples.

Sicilian circle, couple facing couple, reds on inside.

A1: Circle lets in fours, then right.

A2: Right hand star, left hand star

B1: With person opposite

 Shake right hand 3x then clap right hand 3x

 Swing

B2: Repeat as B1 with own partner

Dance: Blaydon Races

Music: Blaydon Races / Hogmanay Jig (32 bar Jigs)

Big circle. Any number of couples.

A1: All join hands and move into the middle 4 steps and out 4 steps, twice.

A2: Take ballroom hold and chassay 2 steps into the middle and 2 out; twice.

B1: Promenade 8 steps round the circle, men moving on to new partner on the last few steps.

B2: Balance and swing with new partner; end with woman on right of man to reform circle facing in.

Dance: Circassian Circle

Music: **Brighton Camp / Soldiers Joy (32 bar Jigs or Reels)**

Big circle. Any number of couples.

A1: All join hands and go into the middle 4 steps and out 4 steps, twice.

A2: Reds go into middle, clap, and come back out; blues do the same, turning to face partner as they come out.

B1: All swing partner, ending facing round the circle.

B2: Promenade 16 steps anticlockwise.

If you want to make the dance progressive, in A2 the blues go in, turn left come out and swing their original neighbour. Or you can tell them to swing someone on the other side of the circle. Or have the blues go in first and then the reds swing someone on the other side of the circle. It's best to finish with "Blues go in, find your original partner.

Dance: Lucky Seven

Music: **Spirit of the Dance / Opera Hat (32 bar Jigs or Reels)**

Big circle. Any number of couples

A1: All circle left for 8 steps, then circle right for 8 steps.

A2: All into middle for 4 steps and back out; repeat.

B1: Grand chain: everyone face partner, take right hands count ONE and go past, hold out left hand to next person count TWO and go past, etc. All the blues go anticlockwise; all the reds go clockwise. So you're going the opposite way to your partner. Resist the temptation to turn back the other way after the first handshake!

B2: Swing the seventh person. When dancers get the feel of it, try calling for passing 8 people, 9 etc.

For use with real novices who need gentle introduction. Start the music slowly because some people have trouble with the grand chain at first - they get past their partner OK but then they turn round and follow him/her. Tell the dancer that if they find themselves short of a partner to swing not to worry, but just to go into the middle and wave - someone suitable should also be lost, so they can get together and reinsert themselves into the circle.

If this is their first grand chain you need to explain it very carefully and point out that all the blues go the same way and all the reds go the same way.

Dance: Bridge of Athlone

Music: **Captain White's x5 (48 bar Jigs)**

5 couples in a longways set

A1: Lines forward and back; lines cross (blues make arches).

A2: Lines forward and back; lines cross (reds make arches).

B1: 1st couple gallop down 8 steps and back.

B2: 1st couple cast out and all follow; 1st couple make arch at bottom and others come up through.

C1: All except 1st couple face down and make arch. 1st red up tunnel, 1st blue up outside; then blue down tunnel, red outside.

C2: All swing.

Dance: Enrico. (From Thomas Hardy's notes)

Music: **Enrico**

4 to 6 couples in a longways set.

A1: 1st couple and 2nd couple RH star; LH star.

A2: All face up, cast out from top, meet partner at bottom and come up the middle.

B1: Double cast from the top, all the way round to the left.

B2: 1st couple swing down the middle to the bottom.

Dance: **OXO Reel.** (By John Tether)

Music: **The Sheep Shearing / Bodmin Riding March. (32 bar Jigs or Reels)**

5 couples in a longways set.

A1: Lines forward and back. Tops gallop to bottom.

A2: Lines forward and back. 2nd couple gallop to bottom.

B1: Top 2 couples circle L; bottom 2 couples circle R; middle 2 right hand star.
OXO ! Then back the other way.

B2: 2nd couple (now at bottom) gallop to top;

Dance: **St Bernard's Waltz**

Music: **Spanish Waltz, Copenhagen Waltz.** (NB. The dance is 16 bars long)

Any number of couples

A: In ballroom hold slide three steps forward and stamp twice. Slide back two steps then take two steps in the man's direction.

B: Take two steps in the lady's direction, lady turns under the man's arm. Waltz on.

Helston Furry Dance

Whimble Wassail